



Are you a parent of a child aged 2 - 11 years?

Empowering Parents, Empowering Communities (EPEC) is a successful, popular, unique parenting group.

Being a Parent Group:

- Being a Parent is *a parenting group led by local parents*
- Learn new ways to enhance the skills you already have
- It is run over 8 weeks for 2 hours per week (term time only)
- Crèche available
- Sessions are fun and relaxed!
- Opportunity to become a Parent Group Leader

Interested? Why not find out more.

Email: admin.epec@stockport.gov.uk or contact 0161 406 9558