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## For parents of Year 5 & 6 pupils

May 2017

Dear parent/ carer,

### Personal, Social and Health Education Relationships & Sex Education

At Mersey Vale we follow Stockport's 'Spiral Curriculum' for Personal, Social and Health Education (P.S.H.E.). This is our whole school policy as agreed by our Governing Body following consultation with parents.

The 'Spiral Curriculum' covers the following topics for Year 5 & Year 6:

- feelings
- friendships
- coping with peer pressure
- growing up & puberty
- personal hygiene
- families
- keeping safe

These are all areas which have been discussed by a group of parents and staff and teaching materials have been adapted to meet the needs of our pupils. Most of the content forms a part of your child's statutory education.

A series of sessions will take place this half term and will be taught by Miss Whitehead, Ms. Mather, and Mr Aspinall. During the sessions children will be given opportunities to discuss issues and ask questions.

We have a duty to promote the well-being and safeguarding of all our pupils. It is important that young people are able to make informed decisions about relationships, and that they have the positive attitudes and skills they need to become responsible adults. If you have any questions, would like further information or would like to see the teaching materials being used please contact the school office.

Yours faithfully,

Mrs. J. Mullane  
Headteacher

